

# Derwent Medical Centre

## Winter 2017

### Newsletter

We can now be found on Twitter



#### Have You Had Your Flu Jab

Flu can attack anyone, but it is much more of a threat if you are in one or more of the following groups: Aged 65 and over, pregnant, diabetic, asthmatic, suffer with low immunity, chronic obstructive pulmonary disease (COPD) chronic heart disease, chronic kidney disease, chronic neurological disease or are a carer.

Please contact the surgery and book an appointment

#### SMS Text Appointment Reminders

We can send you a text message reminder for your appointments

Please ensure we have your current mobile telephone number

#### Staff Changes

We are sorry to say 'goodbye' to Dr Mufaza Rashid and Leanne Reid (Practice Nurse) who have moved onto new adventures.

We are delighted to welcome to our team Dr Deborah Kennedy and Jackie Ford (Practice Nurse).

#### Herpes Zoster Vaccination (Shingles)

As older people are more likely to get shingles, the national shingles immunisation programme for people aged 70, 71, 72, 73 and 74 and 78-79 has been introduced by the Department of Health from September, to protect those most at risk from shingles. This is a phased programme over the next few years. Therefore, NOT everyone will be eligible for the vaccine this year.

From 1st September 2017 routine shingles vaccination is available for patients born between 2nd September 1942 and 1st September 1947 and those born on or after 2nd September 1938 and aged 78 up until their 80th birthday.

People aged 80 and over are not eligible for the vaccine.

For more information please visit [www.shinglesaware.co.uk](http://www.shinglesaware.co.uk)

#### Protecting your child against Flu

The vaccine is given as a nasal spray and is easy to give and painless. Flu can be a very unpleasant illness in children causing fever, stuffy nose, cough, sore throat, aching muscles and joints and extreme tiredness, often lasting for several days.

Please contact the surgery and book an appointment to have your child vaccinated against flu.

#### Contact Details

It is vital that we have the correct contact details for you. Please keep us up to date with your address and phone number including your mobile phone number.

#### Email Prescription Requests

**PLEASE NOTE FROM THE 01 JANUARY 2018** we will no longer be able to accept requests for medication via email.

Please contact reception to discuss ordering your prescription via 'Patient Access'

#### Electronic Prescribing

If you are receiving regular medication please speak to your pharmacist about having your prescription sent to the pharmacy electronically. This will be more convenient for you and will save administration time.

### [Online Repeat Prescription Requests/Appointments/Medical Records Viewing](#)

Please ask at reception about 'Patient Access'. 'Patient Access' is a safe and secure way of ordering your repeat medication, booking GP appointments and viewing your medical records online.

### [Repeat Prescriptions – 48 Hours Collection](#)

Due to an increased workload, we are having to enforce our 48 hour rule for repeat prescription requests.

Please allow **2** working days (**not** including Saturday and Sunday) for your repeat prescription to be processed before collection from the surgery.

### [Patient Participation Group](#)

We have a patient participation group, made up of patients who meet approximately four times a year to discuss our practice, the needs of our patients and the services we provide. If you are interested in becoming an active member of this group, please contact the surgery and ask to speak to the practice manager.

### [Sharing Your Information - The Derbyshire Health and Social Care Record](#)

Your health and social care records contain important information about you. Making that information available to health and social care staff involved in your care means everyone can work together to give you the best support needed. In Derbyshire, information held on your records may be securely shared with appropriate professionals who are working with you to provide support, so your information is available when it is most needed. For further information about this, please visit:

<https://derbyshirehealthcarerecords.org.uk/>

### [Friends and Family Test](#)

How likely are you to recommend our practice to friends and family if they need similar care or treatment?

We value your comments and would be grateful if you could complete the 'Friends and Family' test - two very quick questions, by 'clicking' the 'Survey' link box at the bottom of our home page.

### [Accessible Information Standard](#)

If you have a disability or a sensory loss and you require information in an accessible format, such as large print, easy read or braille, please contact the practice by telephone on 01332 292939, by email [SDERCCG.C81652-Reception@nhs.net](mailto:SDERCCG.C81652-Reception@nhs.net) or ask a receptionist.

### [Named GP's for the Over 75's](#)

As part of a national programme, from April 2014 all practices are required to provide their patients aged 75 and over with a named GP who will have overall responsibility for the care and support that the surgery provides to them. Your named GP will have overall responsibility for your care, but it does not prevent or restrict you from seeing any other GP or Nurse in the practice.

### [Surgery Contact Details](#)

Derwent Medical Centre  
26 North Street  
Derby  
**DE1 3AZ**  
Tel: **01332 292939**  
Email: [SDERCCG.C81652-Reception@nhs.net](mailto:SDERCCG.C81652-Reception@nhs.net)

### [Festive Opening Hours](#)

Friday 22 December 2017 – 8am to 6.30pm

**Saturday 23 December 2017 – CLOSED**

**Sunday 24 December 2017 – CLOSED**

**Monday 25 December 2017 – CLOSED**

**Tuesday 26 December 2017 – CLOSED**

Wednesday 27 December 2017 – 8am to 6.30pm

Thursday 28 December 2017 – 8am to 6.30pm

Friday 29 December 2017 – 8am to 6.30pm

**Saturday 30 December 2017 – CLOSED**

**Sunday 31 December 2017 – CLOSED**

**Monday 01 January 2018 – CLOSED**

Tuesday 02 January 2018 – 8am to 7.15pm

For urgent medical information or advice please contact NHS 111, alternatively if the NHS 111 service is not available in your area please dial 08444 122 239

Alternatively you can attend the Derby Urgent Care Centre (No appointment needed) 8 am to 8 pm, Entrance C, London Road Community Hospital, Osmaston Road, Derby, DE1 2GD

Telephone Number 01332 224700