

# Derwent Medical Centre

## Summer Newsletter

We can now be found on Twitter



### Bank Holiday Opening/Closing

Please note we will be CLOSED Monday August 29<sup>th</sup> 2016.

For urgent medical information or advice please contact NHS 111, alternatively if the NHS 111 service is not available in your area please dial 08444 122 239



### SMS Text Appointment Reminders

We can send you a text message reminder for your appointments

Please ensure we have your current mobile telephone number

### Friends and Family Test

How likely are you to recommend our practice to friends and family if they need similar care or treatment?

We value your comments and would be grateful if you could complete the 'Friends and Family' test - two very quick questions, by 'clicking' the 'Survey' link box at the bottom of our home page.



### Patient Participation Group

We are keen to establish a patient participation group, made up of patients who meet 'face to face' through the year to discuss our practice, the needs of our patients and the services we provide. If you are interested in becoming an active member of this group, please contact the surgery and ask to speak to the practice manager.

### Herpes Zoster Vaccination (Shingles)

As older people are more likely to get shingles, the national shingles immunisation programme for people aged 70 and 78-79 has been introduced by the Department of Health from September, to protect those most at risk from shingles. This is a phased programme over the next few years. Therefore, NOT everyone will be eligible for the vaccine this year.

From 1st September 2015 routine shingles vaccination is available for patients born between

2nd September 1944 and 1st September 1946 and 2nd September 1935 and 1st September 1937. However if you were aged 70 on or after the 01<sup>st</sup> September 2013 you remain eligible for vaccination until your 80<sup>th</sup> birthday.

People aged 80 and over are not eligible for the vaccine.

For more information please visit [www.shinglesaware.co.uk](http://www.shinglesaware.co.uk)

### Accessible Information Standard

If you have a disability or a sensory loss and you require information in an accessible format, such as large print, easy read or braille, please contact the practice by telephone on 01332 292939, by email [SDERCCG.C81652-Reception@nhs.net](mailto:SDERCCG.C81652-Reception@nhs.net) or ask a receptionist.

### Meningococcal ACWY Vaccination (Men ACWY)

Men ACWY vaccination is being introduced into the national vaccination programme and will be administered in general practice to Year 13 school students with a date of birth 01.09.1997 – 31.08.1998 and to older first time university entrants who have not already received Men ACWY vaccination through school year 13. The Vaccination will be added to the routine adolescent school programme for school year 9 or 10 from Autumn 2015.

### Online Repeat Prescription Requests/Appointments

Please ask at reception about 'Patient Access'. 'Patient Access' is a safe and secure way of ordering your repeat medication and booking GP appointments online.



### Repeat Prescriptions – 48 Hours Collection

Due to an increased workload, we are having to enforce our 48 hour rule for repeat prescription requests.

Please allow **2** working days (**not** including Saturday and Sunday) for your repeat prescription to be processed before collection from the surgery.

### Your Details

It is vital that we have the correct contact details for you. Please keep us up to date with your address and phone number including your mobile phone number.



### Patient Online Services

#### Access to Online Summary Care Records

The Patient Access system has now been enabled to allow patients to view their Summary Care Record online. Patients wishing to access this service will be required to call into the practice bringing proof of identity. We will then issue you with a registration form to complete. If you have previously registered for online access you will be able to use your current PIN and password. If you haven't registered for online access, we will issue you with instructions on how to register.

### Patient Survey June 2016

Thank you to all our patients who took the time to complete our annual patient survey. The results are available on our practice website or in our reception waiting areas. The results will be discussed by our patient participation group at their next meeting in August.

### Named GP's for the Over 75's

As part of a national programme, from April 2014 all practices are required to provide their patients aged 75 and over with a named GP who will have overall responsibility for the care and support that the surgery provides to them. Your named GP will have overall responsibility for your care, but it does not prevent or restrict you from seeing any other GP or Nurse in the practice.

### Surgery Contact Details

Derwent Medical Centre  
26 North Street  
Derby  
DE1 3AZ  
Tel: 01332 292939  
Email: [SDERCCG.C81652-Reception@nhs.net](mailto:SDERCCG.C81652-Reception@nhs.net)



### Be Sunsmart

Too much ultraviolet (UV) radiation from the sun or sunbeds is the main cause of skin cancer. Enjoy the sun safely, taking care not to burn and avoiding sunbeds, you can reduce the risk of developing skin cancer.

Who is most at risk?

Some people are more likely than others to develop skin cancer. **These people tend to have one or more of the following:-**

- Fair skin that burns easily in strong sun
- Lots of moles or freckles
- Red or fair hair
- Light-coloured eyes
- A personal history of skin cancer or some other cancer type
- A family history of skin cancer
- A history of sunburn
- An outdoor job

**When the sun is strong:-**

- Spend time in the shade (between 11am and 3pm in the UK)
- Cover up with a t-shirt, hat and sunglasses
- Use sunscreen with at least SPF15 and 4 stars on the parts you can't cover



### You Said, We Did

You asked for a clock in the upstairs waiting room – we have provided a clock.

You asked for a private reception hatch – we are unable to alter the reception desk as we have to accommodate the needs of our disabled patients, however we have put up a sign asking patients to respect other patients' privacy and stand back from reception when there are other patients at the desk.